

Council Activities

Council Meeting **December 12, 1971 3 - 4 p.m.**

Special Activities

Christmas Parties **December 11, 18, 21, 1971**

4 H Meeting December 1, 8, 15

Senior Citizens Christmas dinner and Bingo party December 22

Wedding reception December 26, 1971

Tuskegee Club Meeting - December 14, 1971

ACTIVITIES IN JANUARY FOR THE GOODWYN COMMUNITY CENTER

Senior Citizens meet every Monday at 10:30 a.m.

Beginner's Bridge on Mon. & Fri. from 9-12 a.m.

Adult Ceramics on Tues. & Thurs. from 9-12 a.m., and Thursday night 7-10 p.m.

Bridge for fun on Tues. from 9-12 a.m., and Tues. night from 7-10 p.m.

Arts & Crafts on Wed. from 9-12 a.m.

Bunco on Wed. from 9-11:30 a.m.

Blue Grey Campers January 6

Cub Scouts #123 January 20

Quarterly Meeting January 26

Cub Scouts #123 January 27

BASKETBALL:

Jan. 4 at Baldwin A & B

Jan. 5 Catholic Here B

Jan. 6 at Loveless A & B

Jan. 8 at Auburn A

Jan. 11 Houston Hills here A & B

Jan. 13 at Capitol Heights A & B

Jan. 14 at Selma A, B & C

Jan. 15 Floyd at Bellingsrath C

Jan. 18 Booker T. here A

Jan. 20 Baldwin here A & B

Jan. 22 Bellingsrath at Baldwin C

Jan. 25 Loveless here A & B

Jan. 27 at Houston Hills A & B

Jan. 29 Cleverdale at Bellingsrath C

Girls Basketball tryouts Jan. 13 & 14

Girls Basketball Practice

Elem. Basketball every Saturday morning

Intramurals 13 & under, 15 & under every Friday night

Wrestling Matches

Dec. 16 here

Jan. 10 here

Jan. 13 here

Jan. 15 here

Jan. 18 at Alex City

Jan. 20 at Baldwin

Jan. 25 at Capitol Heights

Jan. 27 at Bellingsrath

Wrestling practice every afternoon

Pep Club Monday afternoon

Ladies in gym every Tuesday night - Gymnastics

Men's Basketball league every Thursday night

Area Richardson Terrace Date from May 1 1972 Through May 31 1972

Staff Member Mary Lee Henderson

Classification Director Total hours per week 40 hrs
Richardson Terrace

* Assignment of work and hours

	Morning	Afternoon	Evening
Monday	Coffee, games & T. V. Ceramics, arts & crafts Keeping records Counseling and referrals daily daily	Coffee, games & T. V. Meditation (Bible reading - recorded) Program planning	
Tuesday	Coffee, games & T. V. Sing along Buying food stames Monthly	Coffee, games & T. V. Variety of Programs	
Wednesday	Coffee, games & T. V. Ceramics, arts & crafts Shopping at Discount Stores	Coffee, games & T. V. Meditation (Bible reading)	
Thursday	Coffee, games & T. V. Curb Market Food Tips with Virginia Gilchrist	Salvation Army Worship & Bingo Library Hour	
Friday	Coffee, games & T. V. Grocery shopping	Coffee, games & T. V. Bingo	
Saturday			

* Under daily work assignment, list nature of work
and hours.

Mary Lee Henderson:

Directs all program activities at Richardson Terrace and coordinates them with other Senior Citizens Programs, keeps records, makes referrals and counsels when necessary and plans additional programs.

Eunice Williams:

Assigned to Recreation Room at Richardson Terrace, keeps daily count of participants, counsels and coordinates all activities in Recreation Room.

Sarah Hamilton:

Works 20 hours per week. Tuesdays at Golden Age Club. Thursdays and one-half day on Fridays at Richardson Terrace. Duties are counseling, assisting on shopping trips and involvement in programs in Recreation Room.

Sue Boatwright:

Works 20 hours per week. Two afternoons at Golden Age Club. Pianist for Sing Along and worship services and general office work at Richardson Terrace.

(over)

1. Thawed & frozen snow (melting 10 min)
2. Hot water to freeze
3. Liquid nitrogen

All NEW

Biologicals (etc.)

1. Dry ice
2. Liquid nitrogen at -196°C

1. Storage melting (etc.)

Refrigerator

1. Thawed & frozen (melting, melted)
2. Water bath, thermal mass
3. Shipping at -20°C (ultra)
4. Container by glass (polyethylene - thermal mass)

Refrigerator storage

1. The following activities are now

in the order:

- 2 -

All Centers are busy with their activities, and participation is good.

A City-wide trip (and picnic) to Moundville, Ala has been planned for May 12.

Mary McMaster
Senior Services Project.

Salary Range 5,980

7,800

(1)

TO: Mr. Jim Vice, Jr. Chairman

FROM: Mrs. Edith T. Upchurch

SUBJECT: Program Planning

DATE: March 13, 1972

Our plans for programming have followed this procedure:

A. EVALUATION:

of existing programs

of personnel assigned the responsibility for programming.

This has been accomplished to a degree by conferences with staff members; review of program activity sheets and work assignments; visits to centers and group meeting with these staff members.

While this may not be entirely accurate, this is the way we see the situation at present:

1. The weakest program areas are the small centers -- Chisholm, Highland Gardens, King's Hill, Washington Park.
2. All staff members in all of these centers need assistance immediately.
3. The lack of adequate buildings at Goode Street, Kiwanis and Newtown limits the activities in these areas. However, it is our feeling that better programs can be offered within the present set up.
4. Within the major centers, the degree of adequate programming varies from good to poor.
5. Even those that appear to be adequate are stereotyped. Very few, if any new activities are introduced and the programs are geared to meet the needs of the same age groups.
6. The degree of assistance needed by the program directors in the major centers is commensurate with the adequacy of the programming. All need assistance -- some more than others.

B. GOALS:

1. Some activity in every center for every age group -
 - pre-school
 - elementary
 - teen-age
 - adult
 - elderly
2. A well balanced, varied program, by the continuous introduction of new activities.
3. Strengthening of existing programs.
4. Coordination of programs between areas through more city-wide events

and activities involving two or more centers.

5. Involvement of more volunteers in programming
6. Cooperation with other agencies that are concerned with recreation.
7. Clear communication lines with all staff members who have the responsibility for programming.
8. Regular and continuous training sessions
9. Establishment of a library of recreation books and training aids.

C. PROCEDURE:

1. Because of the difference in the type of programs in the centers, the staff members were divided into these groups:
 - (a) assistant directors of nine major centers
 - (b) staff members of small centers and playgrounds.
2. Regular meetings are being held separately with these groups for:
 - (a) training
 - (b) exchange of ideas
 - (c) discussion of new activities
 - (d) scheduling
 - (e) discussion of necessary equipment and supplies
 - (f) planning and organizing activities
 - (g) use of volunteers
 - (h) problems
 - (i) fellowship with staff members from other centers
3. Training: A two-day workshop was held March 7 & 9 for both groups. The sessions were conducted by Dr. Thomas Ford, Recreation Consultant of Auburn University. The workshop covered:

Basic principles of program planning
Recreation objectives and concepts
Role of the professional recreator
Program activities
Organization of activities and record keeping

The workshop was excellent and well received by all of our personnel. The material covered was basic and pertinent to our situation. We are planning future sessions as follow-up to the workshop. These will probably be conducted by our administrative staff.

4. In addition, we have met with the following groups to discuss their program plans for the summer:
 - (a) women's athletic leaders of nine major centers. (It was originally planned for Connie Buckalew and me to meet with the group together, but because of illness, I conducted the meeting alone. However, she was given a full report when she returned to the office.)
 - (b) All Arts and Crafts personnel. This meeting was conducted jointly with Mrs. Alma Trum, Arts and Crafts Supervisor.

5. We have received an excellent response in our efforts to involve more volunteers and to cooperate with other agencies. We are fully convinced that a wealth of assistance is in the community just for the asking. Other agencies with whom we are now working include:

- a. Girl Scouts - (a) Senior Scouts will be available to assist with games, folk dances, camp craft, nature study, etc. (b) Two-week day-camp to be held at Washington Park and King's Hill conducted by Girl Scouts.
- b. Library - (a) Weekly story hour to be held at Chisholm and Highland Gardens. (b) Use of room at Cleveland Avenue Branch of library for summer program. (c) Reading program
- c. Youth Aid Bureau - (a) Bicycle Rodeo - to be held at Chisholm, Highland Gardens, Patterson Field and Goode Street. Newtown, Kiwanis, Washington Park and King's Hill will be included. (b) assistance with riflery classes.
- d. Arts Council - (a) Volunteers to assist with ballet dancing, art classes, drama and other classes.
- e. Junior League - (a) A committee from the junior league has prepared a puppet show which will be shown from our Puppet Wagon.
Scheduled: March 25 - at Loveless - Washington Park included.
April 8 - at King's Hill - Kiwanis and Newtown included.
April 22 - at Bellingrath - Goode Street included.
May 6 - at Highland Gardens - Chisholm included
May 20 - at Goodwyn
- f. Huntingdon College - Biology Department has offered assistance with nature study and field trips, also use of films, slides and books.
Physical Education Department - Assistance with girls' drill teams.
- g. Other agencies and volunteers have been contacted and appointments made. In addition, a number of volunteers have been contacted by our program staff members.

6. Schedule for Summer Program:

- April 1 - Tentative schedule submitted from each area
- May 2 - Final program ready for publication and distribution
- June 5 - 9 - Training
- June 12 - Program begins in all areas
- August 12 - Special classes phase out
- August 12 - 25 - Wind up of classes, unscheduled activities, preparation for Fall Programs, vacations, etc.

7. Miscellaneous:

A community band was organized February 16. It is under the direction of Mr. Joseph Baranko. Membership is open to anyone beyond high school. Band meets Thursday evenings at Cloverdale Community Center from 7:45 to 9:30.

The state wide tennis meet, sponsored by the Alabama Recreation and Parks Society will be held at O'Conner Tennis Center in August. Exact date has not been set... A city-wide tournament will precede the state meet.

We have attended all of the weekly staff meetings and have held separate conferences each week with the supervisor of the Senior Service Project.

Prepared the program narrative for the RSP. We are now working on other phases of the program.

On February 24, a recreation class from Auburn University visited us and we conducted a "tour" of some of our areas.

On February 16 we were invited to appear on Radio Station WAJM - FM to discuss the program activities of the department.

On February 29 we attended a luncheon, sponsored by the First National Bank. The purpose of the meeting was to discuss coordination of programs. Agencies represented included: Community Action, Montgomery Library, Community Council, and Advanced Planning Department. Mr. Vice, Mr. Andrews and I represented this department.

As a follow-up from this luncheon, a meeting was held in this office with representatives from the Community Council and Junior Women's Club to discuss the coordination of Senior Citizen programs and projects. Mr. Vice and I represent this department. Also, as a follow-up of this luncheon a meeting has been arranged with the Director, Out-reach workers and Center Directors of the Montgomery Community Action. The purpose of the meeting is for assistance in locating and involving elderly citizens in our Senior Citizen Project.

Footnote:

We are very optimistic about the programming for the department. Most of the staff members with whom we are working, are enthusiastic about the new set-up. They are beginning to see the program in it's entirety rather than from the stand point of one isolated community center or playground. They are enjoying the "give and take" that takes place in our meetings, and are gaining more self-confidence from the support we are trying to give them. Some are quite weak, but we shall continue to work with them. Some feel that they need more assistance from the Center Directors, particularly in the interpretation and implementation of the program to the other members of the center staff.

Billingrath May Report
 Area 197 Date from 197 Through 197
 Staff Member Miss Evelyn Cooner
 Classification Leader II Total hours per week 40

* Assignment of work and hours

	Morning	Afternoon	Evening
Monday	Planning & Promotion of Youth & Adult Programs	3:00 CHEERLEADERS Meeting & Practice	
Tuesday (weekly)	ADULT MORNING COFFEE GROUP: 10:00 "Variety Guest" Hour -details on back -	3:00 CHEERLEADERS Meeting & Practice	
Wednesday (weekly)	Adult Morning Coffee Group: 10:00 "MELODIES TO REMEMBER" Classical & Semi-Classical (details on back)	3:00 TEENAGE "MUSIC LISTENING HOUR" - Classical & Semi-Classical (Musicians on occasions) BEGINS: May 17th	
Thursday (weekly)	Adult Morning Coffee Group: 10:00 CREATIVE WRITERS. -details (back)-	3:00 - 5:30 CHEERLEADERS Meeting & Practice - elementary age	
Friday	Planning & Promotion of Youth & Adult Programs	3:00 - 5:30 LOW ORGANIZED GAMES - elementary age -	
Saturday	- S P E C I A L E V E N T : May 1 - 8: CHEERLEADER CLINIC for "C" Squad (elections of new Squad) sponsor: Miss Cooner		

* Under daily work assignment, list nature of work and hours.

REVERSE SIDE:

A D U L T M O R N I N G P R O G R A M S
- D E T A I L S -

Bellingrath

December 1971 Regularly scheduled activities

Bellingrath

DECEMBER 1971
(Month)

Special meetings and activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>1 B-team at Catholic- basketball</u>	<u>2 Goodwyn at Bell. A&B - Basketball</u>	<u>3 Prattville at Bell. A&B- basketball</u>	<u>4 C-team basket- ball league all morning</u>
	<u>Carver at Bell. Speedball</u>	<u>CII at Bell. Speedball</u>	<u>Lanier Science Club meeting</u>	<u>Bell. at Bald.</u>	<u>Alex City at Speedball</u>
6	<u>7 BTW at Bell. A-team. CH at Bell. R-team- basketball</u>	<u>8 Houston Hills at Bell. Speedball</u>	<u>9 Loveless at Bell. A&B- basketball</u>	<u>10 Selma at Bell. C,B,&A- basketball</u>	<u>11 Bell. at Bald. Elem. league her- morning</u>
	<u>Men's league team practice</u>			<u>12 Bell. at CH Wrestling</u>	<u>Bell. at Goodwyn B-team basketbal</u>
	<u>Future medics club</u>				<u>Wrestling at CH</u>
13	<u>14 Lanier-2nd & 3rd 15</u>		<u>16 Bell. at Houston hill A&B-basketball</u>	<u>17 Christmas Dance for students</u>	<u>18 C-team league at Bell morning</u>
	<u>Bell. Council Tuesday</u>		<u>Intramural basketball</u>	<u>19 Elem basketball sponsored by</u>	<u>20 Elem basketball afternoon</u>
	<u>Covered dish Bell. at Pratt.</u>		<u>Bell. at Floyd</u>	<u>Bell council</u>	
	<u>Supper and meeting</u>		<u>Wrestling</u>		
20	<u>Jr. Civitan Christmas</u>	22	23	24	25
					<u>Christmas</u>
			<u>CHRISTMAS TOURNAMENT AT LOVELESS- A TEAM ONLY</u>		

MORNING COFFEE GROUPS: A D U L T S
Meet: 10:00 A.M.

Month of M A Y activities:

Tuesdays: "VARIETY GUEST HOUR"

May 9 - Talk: "Natural Foods Role in Dynamic Health" by
Mrs. Al Williams, Jr., recently returned
from National Natural Foods Assoc. Convention
16 = Review Book: "Tell No Man" by Edna St. John given by
Mrs. Paul C. Fielders.

Wednesdays: "MELODIES TO REMEMBER" - Classical & Semi-Classical
MUSIC GROUP:

May 10 - Pianist: Mrs. Rose Mary Hughes, Organist, Pont Rouge
17 - Morning of selected albums of music
24 - Pianist: Mrs. W. Craig Forsythe

Thursdays: CREATIVE WRITERS

May 11 - "Poetry" Program given by Mrs. Chiles Harris, author
and poet
18 - "Gabby's Poetry Scrapbook" as given by Mrs. Evelyn
Oliver Yarbrough, poet.
25 - Group sharing writings.

SENIOR CITIZENS PROGRAM

Once-a-Week Activities

Morning Coffee & T.V. Viewing	Richardson Terrace Golden Age Club
Craft Classes	Loveless Comm. Ctr. Carver Comm. Ctr. Bellingrath Comm. Ctr.
Ceramics	Goodwyn Comm. Ctr. Richardson Terrace Bellingrath Comm. Ctr. Capitol Heights Comm. Ctr. Carver Comm. Ctr. Loveless Comm. Ctr.
Bingo	Golden Age Club Goodwyn Comm. Ctr. Richardson Terrace Loveless Comm. Ctr. Carver Comm. Ctr.
Bridge	Golden Age Club Carver Comm. Ctr. Loveless Comm. Ctr.
Dominoes	Richardson Terrace Golden Age Club
Dancing	Golden Age Club Carver Comm. Ctr.
Elderly Club	Trenholm Court
Roll Newspapers	Golden Age Club
Community Singing or Devotional and Song Service	Golden Age Club Richardson Terrace
Rhythm Band Practice	Golden Age Club
Movie Party at Paramount	John Knox Manor Richardson Terrace Carver Comm. Ctr. Loveless Comm. Ctr. Trenholm Court Golden Age Club
Curb Market Shopping	Richardson Terrace
Shopping at Normandale	John Knox Manor
Shopping at Mall & Bruno's	Richardson Terrace

Once-a-Month Activities

Garden Club - Federated Garden Club	Richardson Terrace John Knox Manor
Library Program - Montg. Public Library	Richardson Terrace Golden Age Club
Home Making Tips - Virginia Gilchrist	Richardson Terrace
Devotional & Bingo - Salvation Army	Richardson Terrace
Birthday Party	Richardson Terrace Golden Age Club
Food Stamp Program - U.S.D.A.	Richardson Terrace

Special Activities in November

Armed Forces Day Program - November 11	Richardson Terrace
Thanksgiving Dinner	Richardson Terrace Golden Age Club
Shopping at Trading Stamp Store	Richardson Terrace

Pilot Programs 1971

Ceramics	Carver Comm. Ctr. Loveless Comm. Ctr.
Bingo	Goodwyn Comm. Ctr. Richardson Terrace
Bridge	Carver Comm. Ctr. Loveless Comm. Ctr.
Dancing	Carver Comm. Ctr.
Elderly Club - Social Club	Trenholm Court
Curb Market Shopping	Richardson Terrace
Shopping at Normandale	John Knox Manor
Shopping at Mall and Bruno's	Richardson Terrace
Garden Club	Richardson Terrace
Skin Testing for T.B.	John Knox Manor
Selling Tags at Court House	Golden Age Club
Home-Making Tips	Richardson Terrace

Food Stamp Program - U.S.D.A.

Richardson Terrace

Armed Forces Day Program

Richardson Terrace

Short Trips

Caffco - Oriental Gardens

Picnic - Vulcan Park (Birmingham)

Camp Grandview

Trades Day - Tallassee, Alabama

Archives & History Building

State Capitol

Coca Cola Plant

Cane Mill

Medicaid Program - Pensions & Security

Richardson Terrace

Social Security Program

Golden Age Club

T.B. & Related Diseases with X-Ray

Richardson Terrace

Heart Association

Golden Age Club

Air Pollution Program

Richardson Terrace

Safety, Fire Drills

Golden Age Club

Honor Chorus - Lanier High School

Richardson Terrace

Drama - Baldwin Jr. High School

Golden Age Club

Travelogue's: Films from Local Churches

Richardson Terrace

State Film Library

Golden Age Club

Christmas Tree Lighting Ceremony

Richardson Terrace

RECOMENDATION:

That the senior citizens program be permitted to buy refreshments, which seem to be a must to generate participation of the elderly in our social gatherings (programs).